

# **Promoters of Infant and Maternal Health**

*In association with HealthVisions Midwest*

HealthVisions Midwest and the Promoters of Infant and Maternal Health is a program which assists pregnant women. Our program assists in finding prenatal services with the hope to reduce infant death and help women have healthy babies.

Our staff of professionals include nurses and social workers. Together we will find you the appropriate assistance needed.

## **Types of Services:**

- **Free pregnant testing**
- **Information where to find pregnant care and other family medical services**
- **WIC locations**
- **Medicaid assistance**

**All information is confidential and free of charge. For more information, call now at 219-397-2477.**

**Folic Acid  
Take It. Seriously.**

**If there is a possibility that you could be pregnant, you need to take sufficient Folic Acid every day. This is Vitamin B, that it has been demonstrated to prevent serious birth defects such as Spina Bifida. It can also protect against cardiac problems and some forms of cancer.**

**For more information, call 1-800-43-0746 or visit our internet web site [www.in.gov/isdh.programs/folicacid](http://www.in.gov/isdh.programs/folicacid)**